



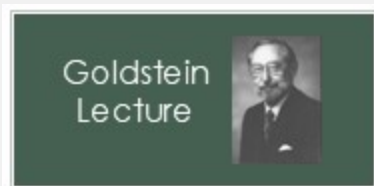
American Osteopathic College
of Occupational & Preventive Medicine

AOCOPM News, September 2025



Dr. Stephen Cullen Appointed to Board of Trustees

[Dr. Stephen Cullen](#) has been selected to serve on the AOCOPM Board of Trustees. He fills the space vacated by Dr. Birchfield, who now serves on the American Osteopathic Board of Preventive Medicine.



2025 Goldstein Lecture

The Osteopathic Research Center is pleased to invite you to join us for 2025 Goldstein Lecture, in honor of [Dr. Murray Goldstein](#), entitled *"Spinal manipulation and clinician-supported biopsychosocial self-management for acute/subacute back pain at risk of chronicity: Results of The PACBACK randomized clinical trial comparing outcomes over 1 year to guideline based medical care"* presented by Gert Bronfort, DC, PhD.

Happening October 29th, 2025 at 12:00 pm Central Standard Time.

Admittance will begin at 11:55 am for all guests.

The lecture commemorates the 50th Anniversary of Dr. Goldstein's landmark publication, entitled *"The Research Status of Spinal Manipulative Therapy."*

Please register for the Goldstien Lecture of 2025 at: <https://unthsc.edu/goldstein-lecture>
Registration is required to access the webinar.



Reference Values for Body Composition, Graded Exercise Testing, Hemodynamics, and Pulmonary Function in Male and Female Firefighters

via JOEM

Tinsley, Grant M. PhD; Mota, Jacob A. PhD; Conner, Michael J. DMSc, APA-C; Jesko, Alex BS; Wohlgemuth, Kealey J. MS; Rodriguez, Christian MS

This study established reference values for a variety of body composition, exercise testing, hemodynamic, and pulmonary function variables in a large sample of firefighters in the US.

https://journals.lww.com/joem/fulltext/2025/09000/reference_values_for_body_composition,_graded.7.aspx/?cid=eTOC+Issues.2025-joem-00043764-202509000-000000&rid=V_0000000002895009&TargetID=&EjpToken=CSr02fzxWQtLSFloTITljyutu69mOomyvFchnG9-em28j5CAhG8dK5PzJ0616wGepywhZx21TAI&mkt_tok=NjgxLUZIRS00MjkAAAGcrVe1RME



Registration Open for 2026 Midyear Educational Conference and OPAM Workshop: Basic Course in Occupational Medicine, Part III

The AOCOPM [2026 Midyear Educational Conference and OPAM Workshop](#): Basic Course in Occupational Medicine, Part III will be in North Charleston, South Carolina.

- Midyear Conference, Thur-Sat, Mar 19-21, 2026.
- OPAM Workshop: Basic Course in Occupational Medicine, Part III, Sat-Sun Mar 21-22, 2026.

[Register Now](#)



Make Mentorship Connections

The Emerging DO Platform is a digital hub designed to connect, support, and empower osteopathic medical students, residents, and early-career physicians. this platform offers:

- **Residency Program Insights** – Access key details about programs, read alumni experiences, and participate in discussions with current and former residents.
- **Mentorship Network** – Connect with experienced DOs for guidance and career support through our mentorship program. As part of your participation, join the Digital Health Innovation (DHI) Special Interest Group that we lead.

Sign up today: <https://app.mentorloop.com/signup/7MC6fbrgpX4z9iLLR>

AOCOPM also maintains a list of members who have volunteered to be mentors.

It's Not Too Late to Register for OMED25!

View the [AGENDA](#) for AOCOPM'S Annual Educational Conference held in conjunction with OMED, September 25-28, 2025, for our Annual Educational Conference held in conjunction with [OMED25](#)! AOCOPM Members may use the \$100 [discount code](#) (Members must login).

Hope to see you in Nashville!

<https://omed.osteopathic.org/register-now/>



Register Now for the DOT FMCSA NRCME Course, September 25, 2025, Nashville, TN

AOCOPM will also be offering the [OPAM Workshop: Department of Transportation, Federal Motor Carrier Safety Administration, National Registry of Certified Medical Examiners' Course](#) as a LIVE pre-conference workshop on September 25th.

You may [register for the DOT Course alone](#), or when you [register for OMED](#).



Nominations Open!

Let us know you're interested: [Future Leader](#)

The American Osteopathic College of Occupational and Preventive Medicine (AOCOPM) needs dedicated officers and leaders to champion the growth of our Osteopathic Occupational and Preventive Medicine specialties. Serving on our Board doesn't just mean lending a hand—it's about shaping the future of public health, prevention, and our dynamic community of professionals.

Our mission? To provide high-quality education in occupational, environmental, and preventive medicine, and to empower our members to take the lead—both within AOCOPM and across other organizations focused on prevention. If you'd like to learn more about our Board and Officers, check out the AOCOPM [Committees](#) page. Want to chat directly with someone on the Board? Visit our [Leadership page](#) (you'll need to log in since we keep personal contact info private) or simply reach out to the [AOCOPM office](#) with any questions.

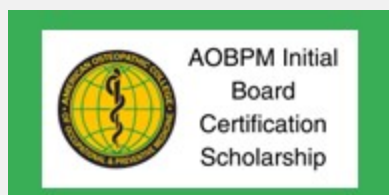
Ready to take a big step toward advancing our specialties? Join us to make a real impact on health and prevention—become an AOCOPM officer or Board member and help set the course for the future.

Let us know you're interested: [Future Leader Self-Nomination Form](#)

Board Scholarships Available

AOCOPM now offers full scholarships for first-time takers of the initial AOBPM certification exams.

Learn more: <https://www.aocopm.org/aobpm-scholarship>



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Did We Miss Something?

Do You Have News to Share?

Send your information to ronda@aocopm.org
(You can post on AOCOPM's social media, too)

Connect with Us:

