



American Osteopathic College  
of Occupational & Preventive Medicine

## AOCOPM News, April 2023



### Interested in Speaking at One of AOCOPM's Educational Conferences?

We welcome your knowledge and experience! Read about speaking for AOCOPM and submit your own proposal!

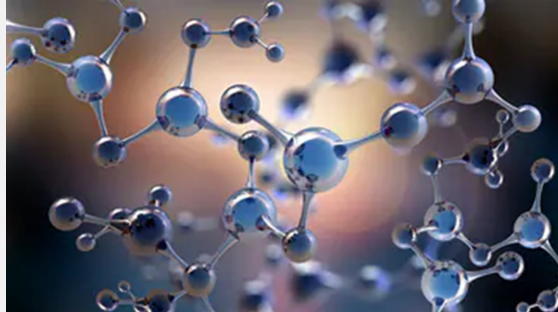
<https://www.aocopm.org/speaker-interest>



### New DEA Substance Abuse Training Requirement

On December 29, 2022, the Consolidated Appropriations Act of 2023 enacted a new one-time, eight-hour training requirement for all Drug Enforcement Administration (DEA)-registered practitioners on the treatment and management of patients with opioid or other substance use disorders.:

[https://deadiversion.usdoj.gov/pubs/docs/MATE\\_Training\\_Letter\\_Final.pdf](https://deadiversion.usdoj.gov/pubs/docs/MATE_Training_Letter_Final.pdf)



## Toxic Chemicals We Consume Without Knowing It

Akash Goel, MD

If the pandemic served as a window into our health, what it revealed was a US population that is not only sick but also seemingly only getting sicker. Life expectancy is falling precipitously. Three fourths of Americans are overweight or obese, half have diabetes or prediabetes, and a majority are metabolically unhealthy. Furthermore, the rates of allergic, inflammatory, and autoimmune diseases are rising at rates of 3%-9% per year in the West, far faster than the speed of genetic change in this population. Finish reading the article on Medscape:

[https://www.medscape.com/viewarticle/988444?ecd=wnl\\_infocu1\\_broad\\_broad\\_persoexpansion-algo\\_20230311&uac=436105AR&impID=5235753](https://www.medscape.com/viewarticle/988444?ecd=wnl_infocu1_broad_broad_persoexpansion-algo_20230311&uac=436105AR&impID=5235753)



## New Resource: Comprehensive Assessments of Environmental Chemicals

from AOA Affiliate Newsletter:

The Centers for Disease Control and Prevention (CDC) uses biomonitoring to regularly assess harmful chemical exposures and evaluate the overarching nutritional levels in the U.S. population. The primary goal is to use laboratory science to improve the detection and prevention of diseases resulting in harmful exposure and imbalanced nutrition nationwide. This fact sheet provides information and important resource links to comprehensive assessments of environmental chemicals that can potentially alter the health of all ages.

[https://www.cdc.gov/biomonitoring/pdf/Biomonitoring\\_Factsheet.pdf](https://www.cdc.gov/biomonitoring/pdf/Biomonitoring_Factsheet.pdf)



## Biden-Harris Administration Proposes First-Ever National Standard to Protect Communities from PFAS in Drinking Water

EPA Press Office (press@epa.gov)

WASHINGTON – Today, the Biden-Harris Administration announced it is proposing the first-ever national drinking water standard for six per- and polyfluoroalkyl substances (PFAS) in the latest action under President Biden’s plan to combat PFAS pollution and Administrator Regan’s PFAS Strategic Roadmap. Through this action, the U.S. Environmental Protection Agency (EPA) is taking a major step to protect public health from PFAS pollution, leveraging the latest science and complementing state efforts to limit PFAS by proposing to establish legally enforceable levels for six PFAS known to occur in drinking water. This proposal builds on other key milestones to combat PFAS, including EPA’s proposal to designate two PFAS as CERCLA hazardous substances; enhancing data on PFAS under EPA’s National PFAS Testing Strategy and through nationwide sampling for 29 PFAS in public drinking water systems; using EPA’s Clean Water Act permitting and regulatory programs to reduce PFAS pollution in the environment from industry; and initiating the distribution of \$10 billion in funding to address emerging contaminants under the Bipartisan Infrastructure Law (BIL).

<https://www.epa.gov/newsreleases/biden-harris-administration-proposes-first-ever-national-standard-protect-communities>



## DOL Addresses Federal Firefighters with Certain Occupational Illnesses' Benefits Claims

The U.S. Department of Labor announced an update in the Federal Employees’ Compensation Program that will streamline claims processing for federal firefighters with certain occupational diseases. The update, included in a new program bulletin that explains the 2022 changes, implements provisions of the Federal Firefighters Fairness Act, signed by President Biden in December 2022. <https://www.dol.gov/newsroom/releases/owcp/owcp20230320>



## FDA Approves First Over-the-Counter Naloxone Nasal Spray

The U.S. Food and Drug Administration approved Narcan, 4 milligram (mg) naloxone hydrochloride nasal spray for over the counter (OTC), nonprescription, use – the first naloxone product approved for use without a prescription. Naloxone is a medication that rapidly reverses the effects of opioid overdose and is the standard treatment for opioid overdose. This action paves the way for the life-saving medication to reverse an opioid overdose to be sold directly to consumers in places like drug stores, convenience stores, grocery stores and gas stations, as well as online. <https://www.fda.gov/news-events/press-announcements/fda-approves-first-over-counter-naloxone-nasal-spray#:~:text=Narcan%20nasal%20spray%20was%20first%20approved%20by%20the,for%20use%20as%20directed%20in%20its%20proposed%20labeling>.

### Contact Info:

AOCOPM

800-558-8686

Jeffrey LeBoeuf, Executive Director - [jeffrey@aocopm.org](mailto:jeffrey@aocopm.org)

Ronda LeBoeuf, Office Manager - [ronda@aocopm.org](mailto:ronda@aocopm.org)

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(You can post on AOCOPM's social media, too)

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