

AMERICAN OSTEOPATHIC BOARD OF PREVENTIVE MEDICINE (AOBPM)

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BOARD CERTIFICATION

- **Board certification** demonstrates to the public that a physician has met or exceeded the training requirements, knowledge and expertise in a particular specialty and/or subspecialty of medical practice.
- **Certification** involves a rigorous process of testing and evaluation that is designed and administered by specialists in the specific area of medicine.



BENEFITS OF Board Certification?

NUTRITIONALTHERAPY.COM

BENEFITS OF BOARD CERTIFICATION

- A physician may practice Medicine in the United States with just a medical license
- However, a medical license alone does not demonstrate that a physician has skills and expertise in a specialty or subspecialty of medicine.
- Board Certification demonstrates that a physician has accomplished the specialty training, and has verified their knowledge in that specialty through testing and evaluation.
- Board Certification demonstrates skills and expertise in a specialty; a mastery of the basic knowledge and skills that define that specialty



BENEFITS OF BOARD CERTIFICATION

- Board certification is expensive and time-consuming. And it's almost as much a necessity for practicing medicine today as a medical degree.
- Certification is a prerequisite for privileges at most hospitals
- Certification is a prerequisite for credentialing by most insurers
- Few practices will hire physicians who aren't board-certified
- 91 percent of the public considers board certification "important" or "very important" in choosing a doctor
- The Joint Commission lists board certification as a reasonable way for hospitals to meet its requirement to vet doctors



Reference: www.crowellspark.org

REIMBURSEMENT FOR BOARD CERTIFIED PHYSICIANS

- Physician Quality Reporting Initiative, Medicare's pay-for-performance
 - Physicians can qualify for additional payments if they submit data measures through a maintenance-of-board-certification (MOC) program. National Committee for Quality Assurance (NCQA) is at least partially predicated on board certification. NCQA recognition qualifies physicians for many national and regional pay-for-performance efforts.
- Osteopathic Continuous Certification (OCC)
 - Qualifies all Board Certified DOs for MOC and above programs and additional their additional reimbursement
 - OCC is only for board certified physicians
 - OCC is also the path for recertification



CREDIBILITY

- Credibility in **Lectures**
- Credibility in **Publications**
- Credibility with **Peers**
- Credibility with **Patients**
 - Write Newspaper Articles
 - Attract More Patients
- Credibility in **Legal Matters**



BOARD CERTIFIED

- 87% of all US Physicians are Board Certified



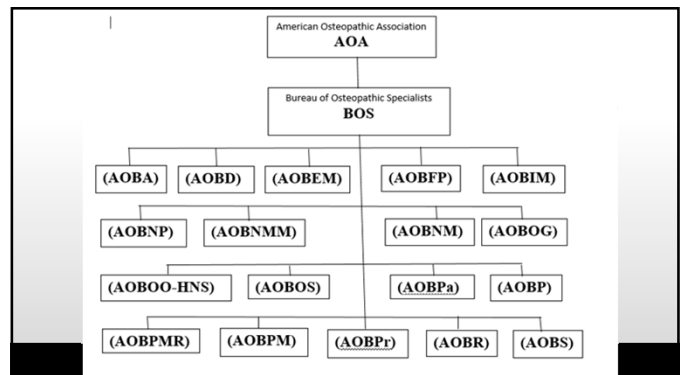
BOARDS THAT OFFER PHYSICIAN CERTIFICATION

- American Osteopathic Association Specialty Certifying Boards (AOA)
- American Board of Medical Specialists (ABMS)
- American Board of Physician Specialists (ABPS)
- The AOABOS was organized in 1939 as the Advisory Board for Osteopathic Specialists for the certification of osteopathic physicians. The first medical specialty board part of the AOABOS was the American Osteopathic Board of Radiology. In 1993, the Board of Trustees of the American Osteopathic Association (AOA), through its agency, the Bureau of Osteopathic Specialists, became the osteopathic certifying body.

AMERICAN OSTEOPATHIC ASSOCIATION SPECIALTY CERTIFYING BOARDS (AOA)

- Specialty Certifying Boards and Conjoint Exam Committees
 - 18 Specialty Certifying Boards
 - 29 Primary Specialties
 - 77 Subspecialties
- All AOA Specialty Boards are owned and operated by the AOA and are not independent boards (Unlike ABMS which is a completely separate organization from the AMA)

- American Osteopathic Board of Anesthesiology (AOBA)
- American Osteopathic Board of Dermatology (AOBD)
- American Osteopathic Board of Emergency Medicine (AOBEM)
- American Osteopathic Board of Family Physicians (AOBFP)
- American Osteopathic Board of Internal Medicine (AOBIM)
- American Osteopathic Board of Neurology and Psychiatry (AOBNP)
- American Osteopathic Board of Neuromuscular Medicine (AOBNMM)
- American Osteopathic Board of Nuclear Medicine (AOBNM)
- American Osteopathic Board of Obstetrics and Gynecology (AOBOG)
- American Osteopathic Board of Ophthalmology and Otolaryngology-Head and Neck Surgery (AOBOO-HNS)
- American Osteopathic Board of Orthopedic Surgery (AOBOS)
- American Osteopathic Board of Pathology (AOBPa)
- American Osteopathic Board of Pediatrics (AOBP)
- American Osteopathic Board of Physical Medicine and Rehabilitation (AOBPMR)
- American Osteopathic Board of Preventive Medicine (AOBPM)
- American Osteopathic Board of Proctology (AOBPr)
- American Osteopathic Board of Radiology (AOBR)
- American Osteopathic Board of Surgery (AOBS)



AOA CONJOINT EXAM COMMITTEES

- Addiction Medicine
- Allergy & Immunology
- Correctional Medicine
- Dermatopathology
- Hospice and Palliative Medicine
- Pain Medicine
- Sleep Medicine
- Sports Medicine
- Undersea and hyperbaric Medicine

AOA LEADERSHIP



- Mark A. Baker, DO, President of the AOA
- William S. Mayo, DO, President Elect of the AOA
- Adrienne White-Faines, MPA, FACHE, CEO of the AOA
- Dan Williams, DO, vice President of Certifying Board Services
- Michael Whiting, DO, Chair, bureau of Osteopathic Specialists



AMERICAN OSTEOPATHIC BOARD OF PREVENTIVE MEDICINE (AOBPM)

- American Osteopathic Board of Preventive Medicine
 142 East Ontario Street, Flr 4
 Chicago, Illinois 60611
 Phone 800-621-1773, Ext 8229 - Fax 312-202-8319
aobpm@osteopathic.org - www.aobpm.org
 Operating under the authority of the American Osteopathic Association



AOBPM LEADERSHIP

- **Chair:** Daniel K. Berry, DO, MS, PhD
- **Vice-Chair:** Howard S. Teitelbaum, DO, PhD, MPH
- **Secretary/Treasurer:** Michael Shelden, DO, MPH
- **Members**
 Cheryl Christensen, DO, MS
 Scott Jones, DO, MPH
 Brian McCrary, DO, MPH
 Robert S. Michaelson, DO, MPH
 Stanley Miller, DO, MPH
 John G. Mills, DO, MPH
 Melissa Overman, DO, MPH
 LeRoy E. Young, DO
- **Emeritus:** Murray Goldstein, DO, MPH
- **Director:** Karin Best

AMERICAN OSTEOPATHIC BOARD OF PREVENTIVE MEDICINE (AOBPM)

- Primary Board Certification
 - Aerospace Medicine
 - Occupational/Environmental Medicine
 - Public Health/Community Medicine
- Subspecialty Certification
 - Undersea and Hyperbaric Medicine
 - Correctional Medicine
- Certificate of Added Qualification
 - Occupational Medicine

VERIFICATION SERVICES OFFERED BY THE BOARD

- **Healthcare Organizations & Credentials Verification Organizations**
 Do you need to verify an osteopathic physician's credentials? To obtain a physician profile, contact the AOA Information Association at 800-621-1773, extension 8145, or via email. The profile is the official form for verification of certification awarded by the American Osteopathic Association.
- **Diplomate of the Board**
 If you are a diplomate in good standing, please use www.doprofiles.org to send your profile to one or more state licensure boards. You may also request a copy of your profile via email. For security reasons, viewing your profile via the web is prohibited.

AOBPM BOARD CERTIFICATION REQUIREMENTS

- A graduate of an **AOA-accredited college of osteopathic medicine**
- **Licensed** to practice in the state or territory
- Conformity to the standards set forth in the **AOA Code of Ethics**.
- **Member in good standing** of the American Osteopathic Association or the Canadian Osteopathic Association for the two (2) years immediately prior to the date of certification.
- Completed an **AOA-approved internship**
- Completed the **residency** requirement within their specialty area (Minimum 1 yr)
- Obtained a **Master of Public Health** or its academic equivalent

WHAT IS THE ACADEMIC EQUIVALENT OF A MASTER OF PUBLIC HEALTH OR ITS ACADEMIC EQUIVALENT?

- A masters or doctoral post graduate degree in which the course content includes:
 - Biostatistics,
 - Epidemiology,
 - Health services management and administration, and
 - Environmental health



grandfather clause

EQUIVALENCY PATHWAY (GRANDFATHER CLAUSE)

- **Eligibility:** Only for osteopathic physicians earning their degree prior to 1990
- Masters in Public Health degree (MPH) or its academic equivalent (e.g.: MSPH, MOH, MS in Preventive, Community, Aerospace Medicine, Occupational/Environmental Health, Toxicology, etc.)
- A minimum of four (4) years full time practice experience (immediately preceding application) in the appropriate subdivision of Preventive Medicine: Public Health/Community Medicine, Aerospace Medicine or Occupational/Environmental Medicine.
- Must have accumulated 200 hours CME (in addition to the Masters degree) in the subspecialty area of Preventive Medicine where applying.

RESOLUTION 56 - GRANTS ELIGIBILITY TO ABMS-CERTIFIED OSTEOPATHIC PHYSICIANS

- For Physicians who are certified by ABMS and wish to be certified by the AOA
- Do not have to take all the AOA exams, but only need to take an **oral exam**.

Cuts the red tape



CERTIFICATION OF ADDED QUALIFICATION REQUIREMENTS IN OCCUPATIONAL MEDICINE



- Maintain **general certification through any AOA-approved primary specialty board**.
- Hold a valid, unrestricted **license** to practice medicine in a state or territory of the United States, or a province of Canada.
- Document an initial **100 hours of postgraduate training** within the past five (5) years in the area of special interest (occupational medicine). At a minimum, 50 hours will be category I. Alternatively, show successful completion of the American Osteopathic College of Occupational and Preventive Medicine's (AOCOPM) **Occupational Medicine Basic Course**, or a review course that is comparable.
- Submit **letters from managers, administrators** and/or from industrial clients (industries, schools, hospitals, etc.) for whom you provide services. These letters should clearly describe the services provided.
- Submit two (2) **letters of recommendations** from persons, preferably colleagues, competent in your area of subspecialty interest.
- Subspecialty certificates are time-limited to 9 (nine) years only. Those with Subspecialty Certification in Occupational Medicine must reapply to sit for the examination. This is not an Osteopathic Continuous Certification process, but a requirement to sit again for primary Subspecialty Certification exam.

SUBSPECIALTY CERTIFICATION REQUIREMENTS UNDERSEA AND HYPERBARIC MEDICINE

- Have **graduated from an AOA accredited college of osteopathic medicine**.
- Have satisfactorily completed a **one-year AOA approved internship**.
- Have satisfactorily completed a **one-year AOA or ACGME approved hyperbaric medicine fellowship** (the AOA can not grant your certification until your UHM fellowship is approved) or completed a clinical pathway consisting of:
 - Notarized documentation of **successful completion of a basic course in Undersea and Hyperbaric Medicine** approved by either the American College of Hyperbaric Medicine and the Undersea and Hyperbaric Medical Society, US Department of Defense courses will be reviewed on an individual basis. The length of the course must have been at least 60 hours followed by formal assessment. All coursework must be in person, NOT online.
 - Documentation of a two-year period of time in which a **minimum of 25% of practice time** was in the practice of Undersea and Hyperbaric Medicine. Documentation of Undersea and Hyperbaric Medicine research and teaching activities may also be submitted for review. During this two-year period, the practice must be devoted to one or more of the 13 treatment indications of Undersea and Hyperbaric Medicine.
 - Documentation of **supervision of at least 500 treatments** (with a distribution across the 13 treatment indications in proportion to the frequency with which they are encountered at the institution).
- Be (and remain) a **member**, in good standing, of the **American Osteopathic Association** or the **Canadian Osteopathic Association**.
- **Hold primary board certification** from a participating certifying board of the Bureau of Osteopathic Specialists (BOS).
- Hold a wholly unrestricted **valid state license** to practice osteopathic medicine.
- Subspecialty certificates are time limited to 10 (ten) years only. Those with subspecialty certification must reapply to sit for the examination. This is not an Osteopathic Continuous Certification process, but a requirement to sit again for primary subspecialty certification exam.

SUBSPECIALTY CERTIFICATION REQUIREMENTS CORRECTIONAL MEDICINE

- **Primary certification** awarded by an AOA specialty board
- Valid, unrestricted **medical license**
- Current **AOA membership**: good standing in the American Osteopathic Association or the Canadian Osteopathic Association.
- Conform to the **ethical and moral standards** as set forth in the Code of Ethics of the AOA.
- Document successful completion of the Bureau of Prisons **basic course** or have accumulated a minimum of 30 hours (within past 36 months) of **CME** in Correctional Medicine i.e.: National Commission on Correctional Health Care (NCCCHC, SCP), American Correctional Health Services (ACHSA), or American Correctional Association (ACA) followed by a formal assessment. All coursework must be in person, NOT online
- Documentation of a **three-year period in which a minimum of 20% of practice time was in the field of Correctional Medicine.**

OSTEOPATHIC CONTINUOUS CERTIFICATION (OCC) REQUIREMENTS

- OCC=Recertification
- Every 10 years for all Osteopathic Physicians certified after January 1, 1994
 - Osteopathic Physician certified prior to January 1, 1974 have lifetime certification
 - Physicians with lifetime certification may **voluntarily take recertification**, (may benefit with **reimbursement**, getting a **job**, fulfilling **MOC** requirements, or **license** requirements)

FIVE COMPONENTS OF OCC

- **Component 1 | Active Licensure**
- **Component 2 | Lifelong Learning/Continuing Medical Education (3-yr cycle)**
 - 30 hours in Category I-A
 - 90 hours in Category IA, 1B, 2A, 2B
 - 50 hours must be in a primary specialty
- **Component 3 | Cognitive Assessment**
- **Component 4 | Practice Performance Assessment and Improvement**
- **Component 5 | Continuous AOA Membership**

OCC COMPONENT 4 -- PPA PRACTICE PERFORMANCE IMPROVEMENT



- One (1) PPA module in each 10 year OCC cycle
 - Review 10 or more charts
 - Use templates provided by the board for reviewing those charts
 - Find an area for improvement based on the chart review and document percent of charts that did not meet the standard
 - Make a plan to improve that area
 - 6 months later review a different 10 or more charts completed after that plan was set in place
 - Document the percentage of charts that did not meet the standard, and show that you made improvement
 - Complete the forms on the web site and send that documentation to the AOBPM
 - Do not send the actual charts or any private patient information
- Attestation Statement
- Alternate ways to fulfill OCC component 4

EXAMINATION DETAILS -- PRIMARY CERTIFICATION AEROSPACE MED, PUBLIC HEALTH, OCCUPATIONAL MED

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| • A specialty multiple choice examination which consists of approximately one hundred (100) questions | Two (2) hours to complete the exam |
| • A core examination which consists of approximately one hundred (100) multiple choice questions | Two (2) hours to complete the exam |
| • An essay exam which consists of seven (7) questions that will be assigned as follows. <ul style="list-style-type: none"> • Occupational and Environmental Health candidates: Five (5) questions to answer • Aerospace Medicine candidates: Three (3) questions to answer • Preventive Medicine/Public Health candidates: Three (3) questions to answer | Two (2) hours to complete the exam |
| • Oral Exam | Forty-five (45) minutes in length |

TABLE OF SPECIFICATIONS

- The AOBPM **does not endorse any board review course** for use in preparing to take the certification examination in Preventive Medicine. Many organizations provide intensive board review courses which can be taken in preparation for the boards. The AOBPM table of specifications is posted herein and can be used to determine if the content of a board review is sufficient to cover the listed topics.
- **AOBPM**
IJHM

EXAM DETAILS -- OSTEOPATHIC CONTINUOUS CERTIFICATION (OCC)

- A specialty multiple choice examination which consists of approximately fifty (50) questions. Each candidate will have two (2) hours to complete the exam.
- An essay exam which consists of seven (7) questions; each candidate will be assigned two (2) questions the day of the examination to answer. Each candidate will have two (2) hours to complete the exam. All Osteopathic Continuous Certification candidates will receive the essay examination questions thirty (30) days prior to the exam date to study.

EXAM DETAILS -- CERTIFICATE OF ADDED QUALIFICATION OCCUPATIONAL MEDICINE

- A specialty multiple choice examination which consists of approximately one hundred (100) questions. Each candidate will have two (2) hours to complete the exam.
- An essay exam which consists of five (5) questions. Each candidate will be assigned four (4) to answer. Each candidate will have two (2) hours to complete the exam.



EXAM DETAILS -- SUBSPECIALTY CORRECTIONAL MEDICINE

- A specialty multiple choice examination which consists of approximately one hundred (100) questions.
- Each candidate will have three (3) hours to complete the exam.

• Reference: <https://www.aocopm.org/ocm-exam-2018>



EXAM DETAILS -- SUBSPECIALTY UNDERSEA AND HYPERBARIC MEDICINE

- A specialty multiple choice examination which consists of approximately one hundred and fifty (150) questions. Each candidate will have three (3) hours to complete the exam.



WHAT IS CHANGING IN BOARD CERTIFICATION?

- Do we need a "high stakes" Cognitive Exam every 10 years, or can cognitive skills be analyzed in a better way?
 - Integration of cognitive exam with CME—
 - Case application questions at a CME event
 - Ongoing follow up to verify retention and application of material into practice
 - Ongoing questions answered in an app.
 - Open Source articles and review opportunities with integrated questions
 - Use of registry data to track outcomes and practice improvement-for PPAs.
 - A point system to allow a selection from a menu of opportunities for CME and assessment—
 - An opportunity to select practice areas within the specialty and then focus CME and cognitive exam testing in those domains.

REFERENCES: CLICK ON THE HYPERLINKS

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| <ul style="list-style-type: none"> • ELIGIBILITY GUIDELINES
 Board Certification
 Occupational Medicine
 Subspecialty Certification
 UHM Subspecialty Certification • ITEM WRITING
 AOBPM Item Writing Guidelines • APPLICATION HANDBOOK
 AOBPM 2018 Application Handbook | <ul style="list-style-type: none"> • SPECIAL TESTING ACCOMODATIONS
 Americans with Disabilities Act • APPEALS FORM
 AOBPM Appeals Form • AOBPM Bylaws
 AOBPM Bylaws • AOBPM Policies and Procedures
 AOBPM Policies and Procedures • BOS
 BOS Handbook |
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QUESTIONS?

